

“Xotin-qizlar ilmda: tiklanish, yuksalish va taraqqiyot sari qadamlar” mavzusidagi Respublika ilmiy-amaliy anjuman materillari to‘plami. NamDPI – 2026-yil, 11-fevral

THE ROLE OF DIGITAL MEDIA IN INCREASING THE EFFICIENCY OF ENGLISH LEARNING AMONG FEMALE STUDENTS

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Annotatsiya: Ushbu maqolada raqamli texnologiyalar va axborot-kommunikatsiya vositalarining xotin-qiz talabalar tomonidan ingliz tilini o‘rganish jarayoniga ta’siri tahlil qilinadi. Raqamli platformalar va mobil ilovalardan foydalanish orqali til ko‘nikmalarini rivojlantirish imkoniyatlari ko‘rib chiqiladi. Shuningdek, raqamli ta’lim jarayonida uchraydigan muammolar hamda ularni bartaraf etish bo‘yicha amaliy tavsiyalar beriladi.

Kalit so‘zlar: raqamli texnologiyalar, ingliz tili, xotin-qizlar, masofaviy ta’lim, mobil ilovalar, til o‘rganish, innovatsion yondashuv.

Аннотация: В данной статье анализируется влияние цифровых технологий и информационно-коммуникационных технологий на процесс изучения английского языка студентками. Рассматриваются возможности развития языковых навыков посредством использования цифровых платформ и мобильных приложений. Также приводятся практические рекомендации по преодолению проблем, возникающих в процессе цифрового образования.

Ключевые слова: цифровые технологии, английский язык, женщины, дистанционное обучение, мобильные приложения, изучение языка, инновационный подход.

Abstract: This article analyzes the impact of digital technologies and information and communication technologies on the process of learning English by female students. It examines the possibilities of developing language skills through the use of digital platforms and mobile applications. It also provides practical recommendations for overcoming problems encountered in the process of digital education.

Keywords: digital technologies, English, women, distance learning, mobile applications, language learning, innovative approach.

Introduction

In today's globalization environment, English is gaining importance as a leading language in international communication, science, education and technology. Excellent command of English is an important factor in a person's professional development, participation in international cooperation and acquisition of modern knowledge. Therefore, improving the effectiveness of English teaching in the education system remains one of the pressing issues.

Women's education and mastery of foreign languages play an important role in increasing their social activity, developing their intellectual potential, and shaping them as competitive personnel.

Creating a comfortable and effective learning environment for female students, especially in the process of learning English, is one of the priorities of modern education.

In recent years, incorporating digital technologies and information and communication tools into education has created new possibilities for learning English. Mobile apps, web platforms, and interactive tools foster students' autonomous learning abilities and boost their enthusiasm for language acquisition. Digital tools enable personalization and adaptable structuring of the learning process. This article aims to examine how digital tools enhance the efficacy of English language learning among female students, identify current issues, and create actionable recommendations for addressing these challenges.

The role of digital tools in learning English

Digital technologies are enhancing the efficiency, convenience, and flexibility of learning English. In modern educational environments, mobile applications, online platforms, and independent learning resources are becoming important tools for developing language skills. These digital tools help to increase student engagement in the learning process and individualize the learning process.

Mobile applications are among the most accessible and favored resources for studying English. Applications such as Duolingo, Quizlet, and Memrise enable users to enhance their vocabulary, work on grammar, and improve listening comprehension abilities. These applications are particularly beneficial for female students because they enable independent learning, no matter when or where. The mobile learning method turns the learning experience enjoyable and engaging.

Digital platforms also have a significant impact on learning English. Platforms like BBC Learning English, Coursera, and Google Classroom offer abundant and excellent materials for learning languages. By utilizing these platforms, students can engage with genuine materials, enhance their listening comprehension, and improve their written communication abilities. Online platforms also help to effectively organize the educational process by enhancing the interaction between the teacher and the student. Another important aspect of digital tools is the expansion of independent learning opportunities. Students can conduct independent studies in accordance with their level of knowledge and learning pace. This increases their responsibility and forms self-development skills. The use of digital resources in the process of independent learning serves to increase the interest of female students in learning English.

Problems faced by female students

Despite the widespread use of digital technologies in the educational process, female students face a number of challenges in learning English. These challenges are mainly related to the level of digital literacy, motivation to learn, and the misuse of technology.

The lack of sufficient digital literacy is one of the main factors that hinders the effective use of digital tools. Some female students use mobile applications and online platforms only superficially, not fully realizing their educational potential. As a result, digital resources do not provide the expected results in language learning.

Motivation is also a major issue. Since learning English requires a long and consistent amount of time, some female students lose interest in learning. When digital tools are not used properly, they can be used for entertainment rather than educational purposes. This reduces the effectiveness of language learning.

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The misuse of technology is also a major issue. The uncontrolled and unsystematic use of digital tools leads to distraction and waste of time. In some cases, students are limited to passive activities on digital platforms and do not participate in the active learning process. Research shows that technology in the educational process is effective only when used with the right methodological approach.

Practical recommendations

Several practical measures are recommended to ensure the effective use of digital tools by female students in learning English. First, integration in lessons is important, and by introducing mobile applications and online platforms into the regular teaching process, language skills can be combined with practical exercises (Harmer, 2007). At the same time, organizing trainings helps to increase digital literacy and familiarize students with language learning strategies, which makes the learning process more effective (Stockwell, 2013). In addition, through online speaking clubs, students develop English communication skills and increase interactive practice (Richards & Rodgers, 2014). Finally, the mobile learning approach allows students to learn independently, regardless of time and place, which increases self-development and motivation for language learning (Kukulaska-Hulme & Shield, 2008). Thus, these recommendations serve to organize the English language learning process for female students in an interactive, motivational, and individualized manner.

Conclusion

This article examines the role of digital tools in the learning of English by female students. The results of the study showed that the systematic and purposeful use of mobile applications, online platforms and interactive resources significantly enhances the language learning process (Warschauer, 2010; Kukulaska-Hulme & Shield, 2008). However, there are problems such as low digital literacy, lack of motivation and misuse of technology, which reduce the effectiveness of language learning.

Integrating digital tools into lessons, conducting special trainings, organizing online speaking clubs, and using mobile learning approaches can help overcome these problems. As a result, it is possible to create an interactive, individualized, and motivating learning environment for female students. Thus, digital technologies serve as an important tool in increasing the effectiveness of the English language learning process.

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